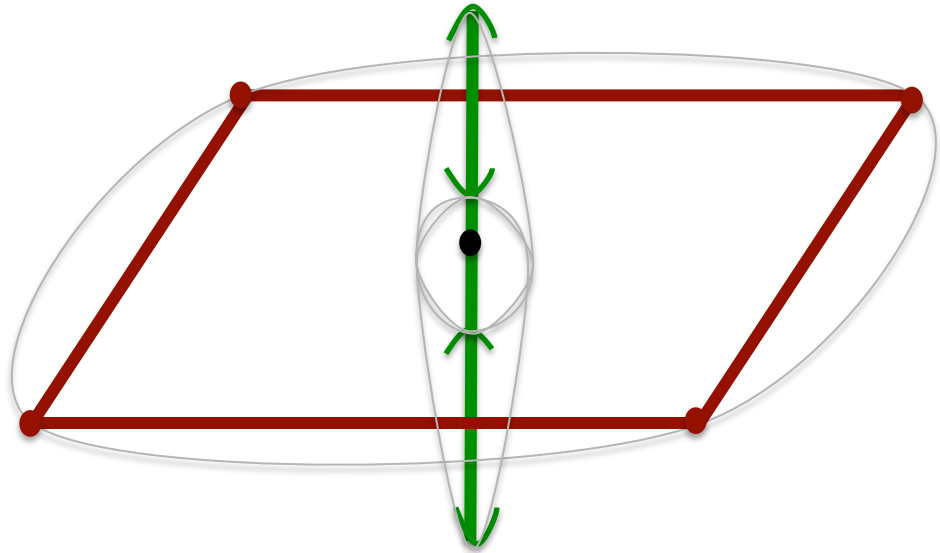


**Awake State**  
**space & time**

**Dream State**

**weight & flow**



**Awake State:** cycling the Horizontal Plane

| <u>Directions</u> | <u>space</u> | <u>time</u>  |
|-------------------|--------------|--------------|
| right, forward    | indirecting  | decelerating |
| right, back       | indirecting  | accelerating |
| left, back        | directing    | accelerating |
| left, forward     | directing    | decelerating |

**Dream State:** traversing the Vertical Dimension

| <u>Directions</u> | <u>weight</u>       | <u>flow</u> |
|-------------------|---------------------|-------------|
| high, far         | decreasing pressure | freeing     |
| deep, near        | increasing pressure | binding     |
| high, near        | decreasing pressure | binding     |
| deep, far         | increasing pressure | freeing     |