**Awake State:** cycling the Horizontal Plane

Directions | space               | time       
------------|---------------------|------------
right, forward | indirecting    | decelerating 
right, back   | indirecting    | accelerating 
left, back    | directing      | accelerating 
left, forward | directing      | decelerating 

**Dream State:** traversing the Vertical Dimension

Directions | weight                        | flow     
------------|-------------------------------|----------
high, far   | decreasing pressure          | freeing  
deep, near  | increasing pressure          | binding  
high, near  | decreasing pressure          | binding  
deep, far   | increasing pressure          | freeing  